

Annotated Bibliography

- *How to Say No to a Stubborn Habit* by Erwin Lutzer (Co. Springs: Chariot Victor Publishing, 1979, 1994).
Wise advice on making godly choices when faced with temptation. Deals with all types of habitual problems, including sexual problems.

- *Not Even a Hint: Guarding Your Heart Against Lust* by Joshua Harris (Sisters, OR: Multnomah, 2003)
Small book with practical, pointed advice for men/women/teens on dealing with temptation . Assists the reader in developing a specific plan for obtaining victory over all forms of lust and temptation (including specific information on pornography and masturbation).

- *Setting Captives Free: Pure Freedom* by Mike Cleveland (Bemidji, MN: Focus Publishing, 2002).
Deals with pornography and sexual purity by means of a personal Bible study. Uses personal testimonies of both women and men, divided into a daily Bible study for 60 days. Pointed, practical. (There is also a mentor's guide available.) One of the best resources for those who are serious about gaining victory over sexual sin, especially pornography and masturbation.

Source Info: book and mentor's guide available through Christian Book Distributors (www.christianbooks.com); also see www.settingcaptivesfree.com (offers books, online course, and personal counseling)

- *At the Altar of Sexual Idolatry*, by Steve Gallagher (Dry Ridge, KY: Pure Life Ministries, 1986 and 2000).
Primarily for men, dealing with all kinds of sexual addictions and offering practical, biblical spiritual help. The workbook is *highly* recommended, and a magazine is now available, (See Pure Life Ministries website listed on next page.)

- *Personal Holiness in Times of Temptation*, by Bruce H. Wilkinson (Eugene, OR: Harvest House Publishers, 1998).
Practical help on achieving holiness in all areas of life, emphasizing close fellowship with the Lord and including excellent suggestions for devotional life. Covers all types of temptation, but emphasizes sexual temptation in Chapter 8.

- *Every Man's Battle :Winning the War on Sexual Temptation One Victory at a Time*, by Stephen Arterburn and Fred Stoeker (Co. Springs: Waterbrook Press, 2000).
Presents a practical plan and specific ideas for any man who wants to maintain or return to sexual purity.

- *Pornography: Slaying the Dragon*, by David Powlison (Phillipsburg, NJ: P & R Publishing).
Small booklet which has been widely used by biblical counselors and is highly recommended by counselees.

- *Every Woman's Battle: Discovering God's Plan for Sexual and Emotional Fulfillment*, by Shannon Ethridge and Stephen Arterburn (Co. Springs: Waterbrook Press, 2003).
Best for married women, although some sections also helpful for singles. Single women should consider skipping chapters for married women.

- *Living Purely in an Impure World*, by Jim Binney (New Concord, OH: The Counselor's Pen Publications, 2003).
Source Info: www.leadministries.net or leadministries@juno.com

- *A Way of Escape*, by Neil T. Anderson (Eugene, OR: Harvest House Publishers, 1994).
Subtitle: Freedom from Sexual Strongholds. Does not get into "power encounters" as much as Anderson's other books, but primarily deals with mental and spiritual issues related to sexual sins.

- *Forgotten Factors*, by Roy Hession (Fort Washington, PA: CLC Publications. 1976).
Subtitle: An Aid to the Deeper Repentance of the Forgotten Factors of Sexual Misbehavior; by the author of Calvary Road. Contains specific chapters on various sexual sins, pointing the reader to grace and the cross. Especially excellent after the acute phase of repentance.

[Note: Most of these are available from www.amazon.com or www.christianbooks.com, unless specific ordering info is listed.]

Helpful websites

- Lost and Found Ministries: www.lostandfoundministries.org

A reliable, biblically-based site that offers personal accountability and prayer partners for those struggling with sexual temptations. Many helpful links.

- Setting Captives Free: www.settingcaptivesfree.com

Online course and resources for those wanting to overcome sexual sin in order to serve Christ in freedom. Connected with *Setting Captives Free*, as listed earlier. Offers on-line counseling. This organization has helped thousands of men and women.

- Pure Life Ministries: www.purelifeministries.org

Many helpful resources for men dealing with sexual sin, plus help for their wives. This ministry is connected with Steve Gallagher, as listed under *At the Altar of Sexual Idolatry*.