

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

25 MINUTES

HEAR FROM GOD MEMORY VERSE ACTIVITY

BIBLE STORY

Go the Distance

Peter and John Are
Taken to the Sanhedrin
Acts 3:1-4:21

MEMORY VERSE

**Let us not become tired of doing
good. At the right time we will
gather a crop if we don't give up.**
Galatians 6:9, NIV

LIFE APP

**Determination—Deciding
it's worth it to finish
what you started**

BOTTOM LINE

**Keep going even
when it gets tough.**

BASIC TRUTH

I need to make the wise choice.



MOVE

an activity that increases the oxygen in the brain and
taps into the energy in the body

3. KEEP SPINNING

WHAT YOU NEED: Bible

WHAT YOU DO:

- Lead kids in saying Galatians 6:9 together a few times.
- Line kids up so they're standing side by side.
- Assign a word or phrase of the verse to each kid, in order, down the line.
- Practice saying the verse several times, with each kid saying his or her word(s) in order.
- Then kids have to spin around one time as they say their specific word(s).
 - Essentially, you'll call out the word/phrase and the kid who is assigned to that word will spin around and then stop when you move on to the next word.
- Repeat as long as you like, with kids saying the verse faster and faster each time.
- Kids will probably get dizzy, but they should keep going if at all possible.
- If they can't continue to stand, they can spin on their bottoms.

WHAT YOU SAY:

"Wow! That was fun and crazy! You all got pretty dizzy, but you kept going even when it got tough. When things get tough in our lives, we can keep going, too. Last week we learned that God gives us what we need to keep going. It's true! He helps us have determination to do good things and **keep going even when it gets tough.**"

PRELUDE

SOCIAL

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25 MINUTES

PRAY TO GOD PRAYER ACTIVITY



REFLECT

an activity that creates space for personal understanding and application

BIBLE STORY

Go the Distance

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Acts 3:1-4:21

MEMORY VERSE

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LIFE APP

Determination—Deciding it's worth it to finish what you started

BOTTOM LINE

Keep going even when it gets tough.

BASIC TRUTH

I need to make the wise choice.

PRAY AND DISMISS

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

- Lead a call-and-response prayer.
- You will say the "When . . ." part, and kids will respond with, "help me keep going."

WHAT YOU SAY:

"Dear God, we know You'll help us when we ask.

"When my homework is just too hard . . . help me keep going.

"When I can't read all the words in my new book . . . help me keep going.

"When I feel like I can't run down the soccer field one more time . . . help me keep going.

"When I think I'll never learn the new math rules . . . help me keep going.

"When things get tough . . . help me keep going.

"Amen!"

As adults arrive to pick up, tell them to ask kids about the goo they made today.